



Fall Basketball Rules

Grades K-2 Playing Rules

A. Participation Rules:

1. Each player will play equal time (i.e., For an 11 player roster each player gets a maximum of 20 minutes, 10 player roster each player must play ½ of the game.)
2. If you have more or less than ten players, playing time needs to be equally divided.

B. Substitutions:

1. The clock will be stopped for substitutions every 5 minutes. Substitutions are only allowed during this time and/or for injury or ejection. Match-ups will be done at center court.
2. After substitutions the ball will be awarded to the team that had possession when the game was stopped. If neither team had possession at that time, the ball will be awarded based on the possession arrow.

C. Game Rules:

1. Games will consist of 4 ten-minute quarters. Teams get 2 time outs per game.
2. A jump ball starts the game. All jump ball situations will go to the offense thereafter. The quarters are initiated with an alternating possession rule.
3. No full-court press.
4. No zone defense. Person to- person coverage only - The defender must be within five feet of their opponent after crossing the half-court line.
5. No screens allowed.
6. All players must wear wristbands to identify whom they are guarding. Wristbands will be issued with the team jerseys to ensure person-to-person defense. **All players must keep their hands up on defense. Players can't steal, slap down, or reach at the ball.**
7. Blocking shots are NOT allowed. Players must have their hands straight up. If a ball is shot INTO the defenders hands, no violation will be called.
8. There will be no over-and-back violations.
9. There will be a 2-minute half-time period unless the game is running behind.
10. The scoreboard will be reset to zero at the start of every quarter.

Please remember, officials make many judgment calls during the course of a game. They are human and they will miss calls and make mistakes. However, their calls are **FINAL** and will not be changed. Be patient, they are trying their best to be considerate, consistent, fair, and impartial.

The Positive Place For Kids!

Info	K-2nd
Jump Balls	Offense
Back Court	No
Height of Rim	Girls = 8 ft Boys = 8 ft
Boys Ball	Jr. Ball
Girls Ball	Jr. Ball